



2025

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# Embodied Radiance



SOUL DEEP  
WELLNESS

# Hello & Welcome



## Welcome to Embodied Radiance

Embodied Radiance is a transformative and empowering pathway designed to help you step into your highest potential. This advanced offering supports spiritual embodiment, leadership and the healing of deep-seated patterns, enabling you to rise into your fullest expression of self. Through this journey, you will connect with your inner wisdom, embrace your spiritual gifts and radiate your authentic light.

## Who Is This Pathway For?

Embodied Radiance is for you if you are:

- **Seeking to embody your spiritual empowerment** and leadership.
- **Ready to align with your highest self** and embrace your purpose.
- **Looking to heal and release suppression**, doubt or fear that holds you back.
- **Desiring deeper connections with your guides**, intuition and spiritual gifts.
- **Prepared to make significant changes** or step into a new chapter of your life.

This pathway is ideal for those who have already engaged in healing work and are ready to deepen their journey of spiritual growth and transformation.

# Empowered Expansion

## What's included:

- ✓ **Ten 75min one-to-one sessions** combining spiritual counselling and somatic practices.
- ✓ **Two one-hour distant Reiki healing session** to support energetic alignment.
- ✓ **Three ceremonies:**
  - **Ancestral Healing Ceremony:** to deepen your connection to your lineage and address patterns that no longer serve you.
  - **An immersive plant medicine ceremony:** Cacao to support heart-centred healing and spiritual connection.
  - **Closing Ceremony:** Celebrate your journey with rituals that anchor your transformation.
- ✓ **A Sacred Embodiment Kit**, which includes:
  - A Journal for self-reflection & integration
  - Crystals for grounding and stability.
  - A Reiki-enthused candle and holder.
  - Personalised affirmations to support your growth.
- ✓ **Guided practices, prompts and journal reflections** to support integration and self-discovery.
- ✓ **Ongoing WhatsApp support** throughout the pathway for encouragement and guidance.

## How does it work?

Each 75-minute session in the Embodied Radiance pathway is tailored to your unique needs, offering a supportive space for exploration, healing and growth. Sessions combine spiritual counselling with somatic practices, creating a holistic approach to your healing journey.

While the exact themes and mix of practices may vary, session to session, here's an overview of what we may explore together:

- **Heal and empower your heart**, throat, third eye, and crown chakras.
- **Explore and release patterns** of suppression, self-doubt, or fear.
- **Develop deeper connections with your intuition** and spiritual guidance.
- **Gain clarity, vision, and alignment** with your highest purpose.

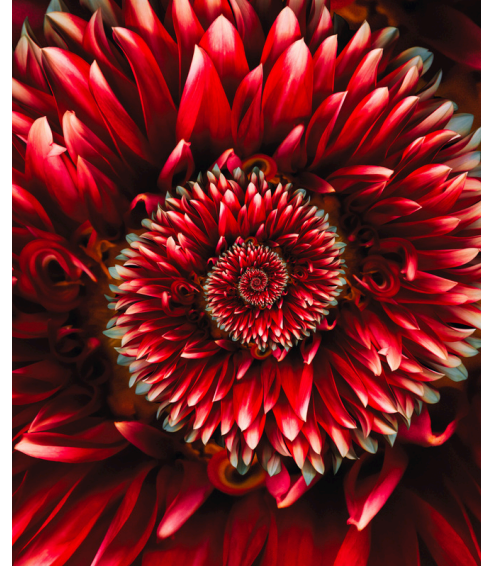
The immersive plant medicine ceremony provides an opportunity for profound heart-centred healing and spiritual expansion, creating a space to connect deeply with your inner wisdom. The pathway concludes with a Closing Ceremony designed to celebrate your transformation and integrate your growth.

For further FAQ's and Policies, visit  
[WWW.SOULDEEPWELLNESS.COM](http://WWW.SOULDEEPWELLNESS.COM)

# Pricing and Payment Options

## Investing in your healing

I understand that investing in your healing journey is a significant decision, and I am committed to offering flexible payment options to support you in taking this step. Embodied Radiance is a sacred and transformative experience, and your commitment to this pathway reflects a deep investment in yourself and your growth. Let's work together to make this journey as accessible as possible for you.



## Pricing and Payment Options

- Single Payment: £2,200.
- Two Instalments: £1,100.
- Three Instalments: £750 (to cover processing fees).

Please note that this pathway is a significant commitment to your healing and growth. Payment policies, including refunds and late payment details, can be found in the accompanying payment policies document.



## Next Steps:

If you feel aligned with the Embodied Radiance pathway, here's how to get started:

- 1. Book a Clarity Call:** Let's connect and explore if this pathway aligns with your needs.
- 2. Secure Your Spot:** Choose your payment option and reserve your place.
- 3. Begin Your Journey:** Receive your Sacred Embodiment Kit and prepare for your first session.

## 01. What is the purpose of Pathway 3: Embodied Radiance?

This pathway is designed to empower you to rise into your fullest potential, connect with your spiritual gifts and embody your authentic light. It supports spiritual leadership, heart-centred living, and alignment with your highest purpose.

## 02. How long does this pathway take to complete?

The duration of each pathway varies depending on your unique pace and scheduling needs. While the number of sessions is set, the timing between them is flexible and collaboratively planned to honour your journey, availability and readiness for each step. Most clients complete the Empowered Expansion pathway within 5–10 months, but this can vary. What matters most is creating a rhythm that feels aligned and supportive for you.

## 03. What is the plant medicine ceremony?

With the support of ceremonial Cacao, this plant medicine ceremony is a sacred, immersive experience designed to support profound healing, spiritual connection and heart-centred expansion. It is facilitated with care, ensuring a safe and supportive environment for your journey.

## 04. What is the Ancestral Healing Ceremony?

This ceremony provides an opportunity to honor and heal ancestral patterns that may influence your current experiences. By connecting with your lineage, you can release inherited limitations and embrace the strengths and wisdom of your ancestors.

## 05. What is the Closing Ceremony?

The Closing Ceremony is a sacred ritual designed to honour your progress and celebrate the transformation you've undergone during the pathway. It includes:

- Reflecting on your journey and the milestones you've achieved.
- Setting intentions for continued growth and expansion.
- Engaging in a meaningful practice to anchor your transformation, such as creating a personal affirmation or blessing ritual.

# FAQ

## 06. Do I need prior experience with spiritual work?

This is an advanced pathway and is best suited for those who have already engaged in healing or spiritual work. If you're unsure, we can arrange a clarity call to discuss your readiness and alignment with this pathway.

## 07. Is this pathway suitable for everyone?

Embodied Radiance is for individuals ready to commit to their growth and step into a space of spiritual empowerment. If you're unsure about your readiness, a clarity call can help determine if this pathway aligns with your needs.

## 08. How does this pathway differ from the other pathways?

While Rooted Beginnings and Empowered Expansion focus on grounding and self-discovery, Embodied Radiance is about spiritual embodiment and leadership. It is designed to support significant life changes and alignment with your highest purpose.



Send any questions you have to:



[info@souldeepwellness.com](mailto:info@souldeepwellness.com)

Thank you for considering Embodied Radiance. I am honoured to support you on this transformative journey. Let's embrace your light and step into your radiance together.

With love,  
Sherise Reid